### Abundant Life Counseling

**Address**: 180 N. S. Avon Ave., Avon, IN. 46123  
**Phone**: 317-272-1444  
**Fax**: 317-272-1458  
**Bilingual**: No  
**Sliding fee**: No  
**Insurance**: Private  
**Age groups served**: Adults, teenagers, children, families  
**Program types**: Outpatient  
**Counseling services**: Individual, marriage, family, depression, anxiety, addictions  
**Office hours**: Mon-Fri: 1pm-9pm

### Advantage Counseling & Training

**Address**: 1005 E. Main St., Plainfield, IN. 46168  
**Phone**: 317-839-7323  
**Email**: angiedudley@rocketmail.com  
**Bilingual**: No  
**Sliding fee**: Yes  
**Insurance**: None  
**Age groups served**: Adults  
**Program types**: Intensive outpatient, outpatient  
**Counseling services**: Individual, substance abuse, anger management, domestic violence, relapse prevention, alcohol and drug  
**Office hours**: Mon-Fri: 8am – 8pm

### Assurance Health

**Address**: 900 N. High School Rd, Indianapolis, IN. 46214  
**Phone**: 1-877-261-1177  
**Email**: www.assurancehealthsystem.com  
**Bilingual**: No  
**Sliding fee**: Yes  
**Insurance**: Medicare & some private insurance  
**Age groups served**: 55+, prefer 65 and older  
**Program types**: Geriatric inpatient  
**Counseling services**: Psych, ER, ECF, and homebase assessments  
**Office hours**: Not Available

### Avon Christian Counseling Center

**http://avonchristiancounselingcenter.com**

**Address**: 79 N. CR. 625 E., Avon, IN. 46123  
**Phone**: 317-272-6999  
**Bilingual**: No  
**Sliding fee**: Yes  
**Insurance**: Private  
**Age groups served**: Adults, children, teenagers, families  
**Program types**: Outpatient  
**Counseling services**: Individual, children, marriage, family, domestic violence, trauma, depression, anxiety, alcohol and drug  
**Office hours**: Mon – Fri: 8am – 6pm (some late evenings)
Mental Health America of Hendricks County

**Brandenburg, Margarete** (LLC, M.Div., MA, LMHC, D.CEP, Adv.-EFT, MT-BC)
http://mbrandenburg.com

Indianapolis address: 1125 Spruce St., Indianapolis, IN. 46203  
Zionsville address: Solus Center at 260 S. 1st St., Suite 2, Zionsville, IN. 46077  
Phone: 317-347-1001  
Fax: 317-347-1006  
Email: margarete1@sbcglobal.net  
Bilingual: No  
Sliding fee: No  
Insurance: Anthem, United Healthcare, some other major insurance providers  
Age groups served: Adults  
Program types: Outpatient  
Counseling services: Individual, couples, premartial, emotional freedom technique, NeuroLinguistic Programming, PSYCH-K, Z-Point, The Work, holographic trauma release, matrix energetics, reiild, yuen energy method, garcia energetics, somaeenergetics, pastoral counseling, transpersonal psychotherapy, consciousness-shifting technology, spiritual coaching  
Office hours: Indianapolis office: Mon: 12pm-6pm  
Zionsville office: Wed: 12pm-6pm

**Brownsburg Guidance & Counseling Center** (LCSW, LMFT)
http://brownsburgcounseling.com

Address: 39 Motif Blvd., Brownsburg, IN. 46112  
Phone: 317-852-6603  
Email: mail@brownsburgcounseling.com  
Bilingual: No  
Insurance: Private  
Age groups served: Adults, teenagers, children (6 and older)  
Program types: Outpatient  
Office hours: Mon-Thurs: 8am – 8pm

**Burks, Diane A.**
http://www.dianeburks.com

Address: 1350 Terry Dr., Plainfield, IN. 46168  
Phone: 317-294-7691  
Fax: 317-838-7024  
Email: diane@dianeburks.com  
Bilingual: No  
Sliding fee: No  
Insurance: Private  
Age groups served: Children, teenagers, families  
Program types: Outpatient  
Counseling services: Individual, family, group, equine-assisted families, education, special needs, adoptive families  
Office hours: Mon-Thur: 1pm-6pm

**Care To Change Counseling**
http://www.caretochange.org

Address: 10080 E. Us. Hwy 36. Suite A. Avon, Indiana. 46123  
Phone: 317-790-9396  
Bilingual: No  
Sliding fee: None  
Insurance: None  
Age Groups: Adults, teenagers, children, families  
Program types: Outpatient  
Counseling Services: Individual, marriage, couples, family, therapy, post adoption, TBRI, nutritional, financial, trauma, abuse, grief and loss, anxiety, depression  
Office Hours: Not Available
Caring Associates Counseling Group, Inc.
Brownsburg Address: 23 Motif Blvd., Ste 203, Brownsburg, IN. 46112
Lebanon Address: Arc of Greater Boone County, 900 W. Main St. Lebanon, IN. 46052
Brownsburg Phone: 317-286-7034
Lebanon Phone: 317-520-5017
Bilingual: No.
Sliding fee: No.
Insurance: Private, Medicaid
Age groups served: Adults, teenagers (13 and older)
Program types: Outpatient, intensive outpatient
Counseling services: Individual, anxiety, bipolar disorder, major depression, substance abuse, group, spirituality awareness, relapse prevention, psychoeducation, aftercare services, anger management, coping skills, addictions
Office hours: Mon-Fri: 9am-6pm

CCS Counseling & Psychiatric Associates (LMHC)
http://www.cccs counseling.net
Address: 515 N. Green St., Suite. 301, Brownsburg, IN. 46112
Phone: 317-852-2300
Bilingual: No
Sliding fee: No (if someone doesn’t have insurance there might be a 50% reduction fee for hardship cases)
Insurance: Private
Age groups served: Adults, children, teenagers, families
Program types: Outpatient
Counseling services: Individual, parenting, employee assistance, medication assessment referral, substance abuse, depression, stress management, anxiety, behavioral issues, ADHD, Bipolar disorders, women’s issues, postpartum mood disorders, life transitions, relationship issues
Office hours: Mon – Fri: 11am – 7pm

Centers For Hope & Wellness, Inc.
www.saccc.com
Avon Address: 7517 Beachwood Center, Suite 300, Avon, IN 46123
Indianapolis Address: 6745 S. Gray Road, Suite C, Indianapolis, IN 46237
Phone: 317-272-8138
Fax: 1-317-272-8165
Bilingual: No
Sliding Fee: No
Insurance: Private Insurance, Private Pay
Age Groups Served: Adults, children, teenagers, families
Program Types: Outpatient, intensive outpatient
Counseling Services: Individual, children, teenagers, families, parenting, relationship issues, grief and loss, behavior, anxiety and depression, anger management, adult children of alcoholism, sexual abuse, emotional abuse, substance abuse, phobias, school maladjustment, problems related to attachment or authority, home based services, forensics.
Office Hours: Mon-Wed: 8am to 8pm, Thurs: 8am to 5pm, Fri: 8am to 12pm

Columbus Behavioral Center for Children and Adolescents
www.columbusbehavioral.com
Address: 2223 Poshard Drive, Columbus, IN 47203
Phone: 1-800-562-5213
Bilingual: No
Sliding fee: No
Insurance: Medicaid, Tricare, State Funding, Private Pay
Age groups served: 8-18
Program types: Residential Care
Counseling services: Individual, Group and Family Therapy
Office hours: 24/7
Counselworx
http://www.counselworx.com
Address: 2680 E. Main St. Suite 500, Plainfield, IN, 46168
Phone: 317-946-3495 (Mikel Kelly), 317-383-6888 (Debra Adler-Fries)
Bilingual: No
Sliding fee: Yes
Insurance: None
Age groups served: Adults, children, teenagers
Program types: Outpatient
Counseling services: Individual, couples, borderline, bipolar, trauma, abuse, addiction, anger management, spirituality, academics, tutoring, dyslexia, autism, behavioral issues
Office hours: Mon – Fri: 8am – 8pm

Cummins Behavioral Health Systems
http://www.cumminsbhs.org
Corporate office address: 5101 E. U.S. 36, Suite 101, Avon, IN. 46123 (Locations in Avon, Crawfordsville, Greencastle, Indianapolis, and Lebanon)
Corporate Phone: (317) 745-9568 Fax: (317) 745-9569
Avon address: 6655 E. U.S. 36, Avon, IN. 46123 Phone: (888) 714-1927 Emergency: (800) 860-3330
Indianapolis address: 5638 Professional Circle, Indianapolis, IN. 46241 Phone: (888) 714-1927 Fax (317) 247-8935 24-hour Emergency: (888) 244-6083
Hearing Impaired: (800) 743-3333
Bilingual: Yes
Sliding fee: Yes
Insurance: Private, Medicare, Medicaid
Age groups served: Adults, children, teenagers
Program types: Outpatient, intensive outpatient, school based services
Counseling services:
  - Adult Services: Assessment and evaluation, community-based services, consultation and education, substance abuse, psychiatric services, care coordination
  - Child Services: Assessment and evaluation, community-based services, consultation and education, psychiatric services, outpatient services, case management, after-school program
  - Teen services: Assessment and evaluation, community-based services, consultation and education, psychiatric services, outpatient services, case management
  - Addiction services: Detoxification, relapse prevention, individual treatment, addiction education, assessment & evaluation
  - Community reintegration services (Programs for individuals with serious mental illness): Care coordination, employee assistance
Office Hours: Avon – M, T, W 8am – 7pm, Th, F 8am – 5pm
Indianapolis – M-Th, 8am-6pm, Friday 8am-5pm

DuBina, Monica M. (LCSW)
http://www.lovethesandlady.com
Address: 2680 E. Main St., Suite 125, Plainfield, IN. 46168
Phone: 317-245-8958
Email: monica.dubina@gmail.com
Bilingual: No
Sliding fee: No
Insurance: Private
Age groups served: Adults, children, teenagers, elderly, families
Program types: Outpatient
Counseling services: Individual, children, teenagers, families, Jungian Sand-Play Therapy, ADHD, alcohol and drugs, relapse prevention, coping skills, developmental disorders, domestic violence, family conflict, medication management, parenting, self-esteem, sexual abuse, spirituality, suicidal ideation, traumatic brain injury, academic underachievement, adoption, anger management, chronic impulsivity, codependency, depression, divorce, grief, obsessive compulsive disorder, peer relationships, self-harming, sleep irregularities, substance abuse, grief and loss, Trauma, Post Traumatic Stress Disorder, mood disorders, addictions
Office hours: Mon-Fri: 10am-7pm
Eagle Creek Counseling
http://www.eaglecreekcounseling.com
Address: 3935 Eagle Creek Pkwy, Suite C, Indianapolis, IN. 46254
Phone: 317-293-5563
Fax: 317-293-7478
Email: eaglecreekcounsel@sbcglobal.net
Bilingual: No
Insurance: Private, Anthem, IU health, Sagamore
Age groups served: Adults, children, teenagers, and families
Program types: Outpatient
Counseling services: Individual, children, premarital, marriage, couple, relationship issues, depression, anxiety, grief and loss, sexual addiction, domestic violence, trauma, obsessive compulsive disorder, life transitions, medication management
Office hours: Mon-Fri: 9am-5pm, Sat: 9am-1pm. Evening appointments available.

Embracing Hope Center (IU Health)
Address: 950 N. Meridian St., Indianapolis, IN. 46204
Phone: 317-962-1852
Fax: 317-962-5229
Bilingual: Yes
Insurance: Private, Medicare, Medicaid (also possible to make other arrangements if insurance is an issue)
Age groups served: Adults, elderly
Program types: Outpatient, inpatient
Counseling services: Grief and loss, aromatherapy, biofeedback, craniosacral therapy, emotional freedom techniques, healing touch, manual lymphatic drainage, music thanatology, vibro-acoustic therapy, hospice care
Office hours: Mon-Fri: 8am-4pm. Phone lines answered 24/7.

Fairbanks Addiction Treatment Center
https://www.fairbankscd.org
Indianapolis address: 8102 Clearvista Pkwy, Indianapolis, IN. 46256
Plainfield address: 6100 Clarks Creek Rd., Plainfield, IN. 46168
Phone: 317-849-8222; Fairbanks Access Center: 317-572-9396 (Available 24/7)
Fax: 317-849-1455
Bilingual: Yes
Sliding fee: No. (Charity care and self-payment plans are available)
Insurance: Private, Medicaid
Age groups served: Adults, children, teenagers, families
Program types: Inpatient, outpatient
Counseling services:
  Adult programs: Detoxification, rehabilitation, supportive living, addiction education, La Verna Lodge residential treatment program, recovery management opportunities
  Adolescent programs: Detoxification, rehabilitation, Hope Academy high school, recovery management opportunities
  Family: Educational support, support group
Office hours: Mon – Fri: 9am – 7:30pm Sat – Sun: 8:30am – 3:30pm / 24 hours for inpatient

Fall Creek Counseling Online
http://www.fallcreekcounseling.com
Address: 5610 Crawfordsville Rd., Suite 2401, Indianapolis, IN. 46224
Phone: (317) 291-6360
Fax: (317) 291-6562
Email: info@fallcreekcounseling.com
Bilingual: Yes (some classes are held in Spanish)
Sliding fee: Clients can choose to do their own
Insurance: None
Age groups served: Adults, children, teenagers, families
Program types: Outpatient, intensive outpatient
Counseling services: Domestic violence, parenting, addiction education, PRIME for life, assessment and evaluation, relapse group
Office hours: Mon,Tue, & Thurs 9am-7pm, Wed. 1pm-7pm
**Families First**
http://www.familiesfirstindiana.org

Main address: 615 N. Alabama St., Suite 300, Indianapolis, IN 46202
Phone: 317-634-6341
Email: info@familiesfirstindiana.org
Bilingual: No
Sliding fee: Yes
Insurance: Private, Medicaid
Age groups served: Adults, teenagers, families
Program types: Outpatient
Counseling services: Individual, marriage, couples, family, relationship issues, domestic violence, substance abuse, parental, home-based services for older adults, Employee Assistance Program, financial literacy, money management and loans, VISTAS-Caregivers
Office hours: Mon-Thur: 10am-6pm

**Family Counseling Associates**
http://www.fcahelp.com

 Nb Castleton address: 7526 E. 82nd St., Suite 150, Indianapolis, IN 46256
Zionsville address: Eagle Alliance Church, 5801 S. Main St. Whitestown, IN. 46075
Greenwood address: 435 E. Main St., Suite 270, Greenwood, IN. 46143
Phone: 317-585-1060
Fax: 317-585-9811
Bilingual: Yes
Sliding fee: No
Insurance: Private
Age groups served: Adults, children, teenagers, families
Program types: Outpatient
Counseling services: Individual, marriage, depression, anxiety, bipolar disorder, substance abuse, eating disorders, spiritual issues, relationship issues, anger management, sleep irregularities, post-traumatic stress disorder, pornography, life transitions, crisis management, psychiatric assistance, behavioral issues, academic tutoring, ADD, ADHD, alcohol and drug, pre-marital, parenting, blended families, grief and loss, adoption, career
Office hours: Mon-Friday: 7am-7pm, Saturdays by appointment

**Hamilton Center Incorporated**
http://www.hamiltoncenter.org

Corporate office address: 620 Eighth Ave., Terre Haute, IN. 47804
Plainfield office address: 900 Southfield Dr., Plainfield, IN. 46168, Phone: 317-837-9719, Fax: 317-837-9726
Email: PublicRelations@hamiltoncenter.org
Bilingual: Yes
Sliding Fee: No
Insurance: Medicare, Medicaid
Age groups served: Adults, children, teenagers, families
Program types: Outpatient, inpatient
Counseling services: Individual, family, children, pregnant women, infants, drug and alcohol, group, couples, assessment & evaluation, stress, life transitions, relationship issues, depression, anxiety, anger management, coping with chronic illness, parenting, domestic violence, sexual abuse, adjustment to school work, crisis management, psychological testing, eating disorders, attention deficit disorder, behavioral issues, home-based case management, school-based counseling, addictions
Office hours: Mon-Thur: 8am-7pm, Fri: 8am-5pm

**Hendricks Therapy**
http://www.hendrickstherapy.com

Danville address: 202 Myers Rd. Danville, IN. 46122
Plainfield address: 1100 Southfield Dr., Suite 1205, Plainfield, IN. 46168
Phone: 317.718.8436
Fax: 317.718.8438
Email: staff@hendrickstherapy.com
Bilingual: No
Sliding fee: No. Self-pay rate is offered instead.
Insurance: Private, Medicare
Age groups served: Adults, children, teenagers, families
Program types: Outpatient
Counseling services: Individual, marriage, couples, family, depression, anxiety, bipolar disorder, conflicts, life transitions, divorce, grief & loss, domestic violence, sexual abuse, attention-deficit disorder, phobias, developmental disorders, eating disorders, medication management, panic disorder, post-traumatic stress disorder, personality disorders, obsessive compulsive disorder.
Office hours: Mon-Fri: 8:00 a.m. – 5:00 p.m., though many therapists see patients after hours and on weekends.
Hicks, Laurel (LCSW, LCAC, LLC)  
http://www.laurelhickstherapy.com
Address: 2680 E. Main St., Plainfield, IN. 46168
Phone: 317-966-8366
Fax: 317-837-4901
Email: LaurelHicksLCSW@gmail.com
Bilingual: No
Sliding fee: Yes
Insurance: Private
Age groups served: Adults, teenagers
Program types: Outpatient
Counseling services: individual, depression, anxiety, panic disorders, adoption, fertility, post-traumatic stress, military issues
Office hours: Mon-Fri: 9am-3pm

Hope Health Care
Address: 107 Park Place Blvd, Avon, IN, 46123
Phone: 317-272-0708, 317-383-6888
Email: Not Available
Bilingual: No
Sliding fee: Yes
Insurance: None
Age groups served: Adults, teenagers, children
Program types: Outpatient
Counseling services: Individual, couple, grief, loss, PTSD, borderline p.d., ADHD, abuse, spirituality
Office hours: Not Available

Indianapolis Comprehensive Treatment Center  
http://www.indianactc.com
Address: 2626 E. 46th St., Suite J, Indianapolis, IN. 46205
Phone: 844-631-7969
Bilingual: No
Sliding fee: No
Insurance: None
Age groups served: Adults, families
Program types: Outpatient, intensive outpatient
Counseling services: Individual, group, transitions program, substance abuse, road to recovery program, seeking safety program, stages program, peer support services, family education, Thinking for a Change, Recovery 101
Office hours: Not available

Johnson, Alyssa M.  
http://www.vibrantlylive.com
Address: 709 E. Main St., Suite B, Brownsburg, IN. 46112
Phone: 317-513-5678
Email: info@vibrantlylive.com
Bilingual: No
Sliding fee: No
Insurance: None
Age groups served: Adult women
Program types: Outpatient
Counseling services: Individual, life transitions
Office hours: Not available

Joyner, Lelyne (LMFT)
Address: 611 N. Dan Jones Rd., Avon, IN 46123
Phone: 317-272-6208
Bilingual: No
Sliding fee: No
Insurance: Private
Age groups served: Adults
Program Types: Outpatient
Counseling services: Marriage, family
Office hours: Not available
**Kids Count LLC**
http://www.kidscounttherapy.com

**Address:** 1353 E. Main St., Brownsburg, IN. 46112
**Phone:** 317-294-5242
**Email:** info@kidscounttherapy.com
**Bilingual:** Bilingual therapists available
**Sliding fee:** No. Self-pay
**Insurance:** Private, Medicaid
**Age groups served:** Children (2-13)
**Program types:** Intensive outpatient, outpatient
**Counseling services:** Individual, speech, sensory needs, social skills, cognitive skills, daily living activities, behavioral issues, autism
**Office hours:** Mon-Fri: 8am-5pm

**Life Enrichment Counseling**
http://www.lifeenrichmentindy.com

**Address:** 7378 Business Center Dr., Suite 300, Avon, IN. 46123
**Phone:** 317-268-8070
**Email:** info@lifeenrichmentindy.com
**Bilingual:** No
**Sliding fee:** No (reduced rates are offered)
**Insurance:** Private
**Age groups served:** Adults, children ages 6 and older, teenagers
**Program types:** Outpatient
**Counseling Services:** Individual, marriage, relationship issues, family, couples, premarital, parenting, divorce, depression, anxiety, life transitions, adjustment to chronic illness, grief and loss
**Office hours:** Mon-Fri: 10am-7pm

**Life Recovery Center**
http://www.liferecoverycenterindiana.com

**Main address:** 3607 W. 16th St., Suite B-3, Indianapolis, IN. 46222
**Southside address:** 8150 Madison Ave., Indianapolis, IN. 46227
**Phone:** 317-887-3290
**Fax:** 317-887-6894
**Email:** recovery@liferecoverycenter.net, eric@liferecoverycenter.info
**Bilingual:** No
**Sliding fee:** No (grant available to those who qualify for addiction treatments)
**Insurance:** Private
**Age groups served:** Adults
**Program types:** Outpatient, intensive outpatient
**Counseling services:** Individual, group, substance abuse, family, Christian counseling, alumni support, employee assistance, trauma, domestic violence, anger management, gambling, PRIME for life, parenting, education, addictions
**Office hours:** Mon-Fri: 8am-5pm, educational programs held on weekends

**LSB & Associates**

**Address:** 47 Beachway Drive, Indianapolis, IN, 46224 (Lakeview Church)
**Phone:** 317-698-4463
**Fax:** 1-866-893-9497
**Email:** bslycan@aol.com
**Bilingual:** No
**Sliding fee:** Yes
**Insurance:** None
**Age groups served:** Adults, children, and family
**Program types:** Outpatient
**Counseling services:** Individual, marriage, family, parenting, anger management, communication, eating disorders, sexual addiction, Faith Based
**Office hours:** Day, evening, and Saturday appointments.
Mental Health America of Hendricks County

Meaningful Day Services
http://www.meaningfuldays.com
Address: 225 S. School St., Brownsburg, IN. 46112
Brownsburg phone: 317-858-8630
Fax: 317-858-8715
Email: humanresources@meaningfuldays.net
Bilingual: No
Sliding fee: No, (Co-pay from insurance may be based upon sliding scale)
Insurance: Private, Medicaid
Age groups served: Adults, children
Program types: Outpatient, day services
Counseling services:
Adults: Individual, day services, behavioral issues, community habilitation, equine assisted therapy, music therapy, occupational therapy, recreational therapy, residential supports, respite, speech therapy
Children: Individual, applied behavior analysis, ABA-Based preschool program, behavioral issues, community habilitation, equine assisted therapy, music therapy, occupational therapy, recreational therapy, residential supports, respite, school breaks program, speech therapy
Office hours: Mon-Fri: 8:30am-5pm.

Methodist Hospital (IU Health)
http://www.iuhealth.org/methodist/behavioral-health/
Address: 1701 N. Senate Ave. Indianapolis, IN. 46202
Phone: 317-962-2622
Bilingual: Yes
Sliding fee: No
Insurance: Private, Medicare, Medicaid
Age groups served: Adults
Program types: Inpatient, outpatient, partial hospitalization
Counseling services: Individual, group, addictions, drugs and alcohol, eating disorders, bipolar disorder, anxiety, depression
Office hours: 24/7

Metro, Kimberly (MA, NCC, LMHC)
http://www.metrocounselor.com
Brownsburg address: 217 E. Main St., Suite 3, Brownsburg, IN. 46112
Zionsville address: 260 S. 1st St., Suite 2, Zionsville, IN. 46077
Phone: 317-732-8761
Bilingual: No
Sliding fee: No
Insurance: Private
Age groups served: Adults, children
Program types: Outpatient
Counseling services: Individual, stress, anxiety, depression, relationship issues
Office hours: Brownsburg: Mon-Tue: 9am-8pm, Zionsville: Fri: 9am-6pm

Mossman, Katie (MSW, LCSW)
http://www.counselorkatie.com
Address: 1122 N. Lebanon St., Lebanon, IN. 46052
Phone: 765-894-2620
Bilingual: No
Sliding fee: No
Insurance: None
Age groups served: Adults, elderly
Program types: Outpatient
Counseling services: Individual, depression, anxiety, anger management, substance abuse, bipolar disorder, women's issues, aging, life transitions
Office hours: Not available
Nolan Counseling & Consulting Services (BCPC)
http://www.nolancounseling.com

Address: 2152 N. C.R. 800 E., Avon, IN. 46125
Phone: 765-676-5310
E-mail: john@nolancounseling.com
Bilingual: No.
Sliding fee: Yes
Insurance: None
Age groups served: Adults, teenagers
Program types: Outpatient
Counseling Services: Individual, couples, marriage, premarital, financial, depression
Office hours: No set hours; call for appointment

Northern Light Christian Counseling (Ph.D., M.Div., MSW, MA, LMFT, LCSW)
http://www.northernlightcc.com

Address: 4215 W. 86th St., Suite E., Indianapolis, IN. 46268
Phone: 317-471-0500
E-mail: info@northernlightcc.com
Bilingual: No
Sliding fee: No
Insurance: None
Age groups served: Adults, children, teenagers, families
Program types: Outpatient
Counseling services: Individual, families, churches, businesses, marriage, career, premarital
Office hours: Mon-Fri: 9am-9pm, Sat: 10am-2pm, Sundays by appointment

O’Mara, Michele (PhD, LCSW, specializing in LGBTQ issues)
http://www.micheleomara.com

Address: 2680 E. Main St., Suite 121, Plainfield, IN. 46168
Phone: 317-517-0065
Fax: 866-540-9013
Bilingual: No
Sliding fee: No
Insurance: None
Age groups served: Adults
Program types: Outpatient
Counseling services: Individual, couples, imago therapy, relationship issues, chronic illness, sex therapy, gender confliction, divorce, parenting, depression, anxiety, grief and loss, life transitions,
Office hours: Not available

Providence Guidance Center

Address: 2680 E. Main St., Suite 316, Plainfield, IN. 46168
Phone: 317-839-6856, 317-409-1520 (cell)
Fax: 317-837-0874
Email: jalowry002@aol.com
Bilingual: Yes
Sliding fee: Yes (for some services)
Insurance: None
Age groups served: Adults, children (over age 5), families
Program types: Outpatient
Counseling services: Individual, children, family, court referred, divorce, grief and loss, Christian counseling, substance abuse, alcohol and drugs, parent coordination, custody, marriage, pre-marital counseling
Office hours: Mon-Fri: 9am-5pm. Weekends and evenings by appointment.
Riley Hospital for Children (IU Health)
http://iuhealth.org/riley/behavioral-health/

Address: 705 N Meridian St., Indianapolis, IN. 46202
Phone: 317-944-5000
Bilingual: Yes
Sliding fee: No.
Insurance: Private, Medicare, Medicaid
Age groups served: Children, teenagers, families
Program types: Inpatient, outpatient, partial hospitalization
Counseling services: Individual, family, pharmacotherapy, social skills treatment, behavior modification, autism, Aspergers, developmental disorders, ADHD, disruptive behaviors, mood disorders, depression, obsessive-compulsive disorder, anxiety, tics, trichotillomania, dual-diagnosis
Office hours: 24/7

Roath, Keirsten J. (MSW, LCSW)
http://www.kjroath.com

Address: 1350 Terry Dr., Plainfield, IN. 46168
Phone: 317-750-1177
Fax: 317-838-7024
Bilingual: No
Sliding fee: No
Insurance: None
Age groups served: Adults, children, teenagers, families
Program types: Outpatient
Counseling services: Individual, couples, family, divorce, parenting, Parenting Coordination Services,
Office hours: Not available

Roger Outcalt Counseling Service (ACSW, LCSW, ICAC 1)
http://www.rogeroutcaltcounselingservice.net

Address: 39 Motif Blvd., Brownsburg, IN. 46112
Phone: 317-402-2881
Email: roger@rogeroutcaltcounselingservice.net
Bilingual: No
Sliding fee: Yes
Insurance: None
Age groups served: Adults, teenagers
Program types: Outpatient
Counseling services: Individual, substance abuse, family, group, assessments and evaluations, anxiety, depression, anger management, relationship conflict, pre-marital counseling, grief and loss, additions
Office Hours: Mon: 10 am-6pm, Thurs: 10am-5pm, other times available by appointment.

Simmer, Heather, LMHC
http://www.simmercounseling@gmail.com

Address: 3135 N. State Road 267, Suite B, Brownsburg, IN 46112
Phone: 317-728-0765
Bilingual No
Age groups served: Children, Teenagers, Adults
Sliding fee: No
Insurance: Accepts many insurances & in-network
Program types: Outpatient
Counseling services: Individual and families
Office hours: Mon-Sat
Mental Health America of Hendricks County

St. Elizabeth/Coleman Pregnancy & Adoption Services
http://www.givingbirthtohope.org
Address: 2500 Churchman Ave. Indianapolis, IN 46203
Phone: 317-787-3412 or Toll Free: 1-800-499-9113
Fax: 317-787-0482
Bilingual: No
Age groups served: All
Sliding fee: No
Insurance: None
Program types: Outpatient
Counseling services: Specializing in domestic and international adoption services. Crisis pregnancy counseling and individualized birthmother support services aimed at helping to provide guidance toward
Office hours: Not Available

Sycamore Services, Inc.
http://www.sycamoreservices.com
Address: 8313 E. CR. 300 S., Plainfield, IN. 46168
Phone: 317-838-7705
Fax: 317-838-7707
Email: info@sycamoreservices.com
Bilingual: No
Age groups served: adults, children, teenagers
Sliding fee: No
Insurance: Private, Medicaid
Program types: Outpatient, supported living
Counseling services: Individual, speech, physical therapy, nutrition services, social work, developmental therapy, family education, vision services, nursing, audiology, occupational therapy, psychological services, community integration, respite care, day programs, behavioral issues
Office hours: Mon-Fri: 8am-4:30pm

Valle Vista Health System
http://www.vallevistahospital.com
Address: 898 E. Main St., Greenwood, IN. 46143
Phone: 317-887-1348 / 1-800 – 447- 1348
Bilingual: Yes
Sliding fee: No
Insurance: Private, Medicaid, Medicare
Age groups served: Adults, children, teenagers
Program types: Outpatient, intensive out patient, inpatient, day programs
Counseling services: Individual, family, education, group, assessment and evaluation, substance abuse, dual diagnosis, mood disorders, depression, psychosis, disruptive disorders, anxiety, post-traumatic stress, detoxification, community support programs, medication management, discharge planning
Office hours: 24/7

Warner, Jason A. PH.D. LMFT, LMHC
Address: 459 S. Avon Ave., 267, Avon, IN. 46123
Phone: 317-838-0242
Email: Jason@drjwarner.com
Bilingual: No
Sliding fee: No
Insurance: Private
Age groups served: Adults, children, teenagers, families
Program types: Outpatient
Counseling information: Individual, marriage, family, children, substance abuse
Office hours: Mon – Fri: 7am – 4pm
Westside Mental Health
http://westsidementalhealth.org

Address: 129 N. Avon Ave., Suite 300, Avon, IN 46123
Phone: 317-268-6555
Fax: 317-268-6556
Email: jane.d@westsidementalhealth.org
Bilingual: No
Sliding Fee: No
Insurance: None
Age groups served: Adults
Program types: Outpatient
Counseling services: Individuals
Office Hours: Mon-Thur: 9am-5pm

The Willow Center
http://www.sspycher@thewillowcenter.com

Address: 515 N. Green Street, Suite 401, Brownsburg, IN, 46112
Phone: 317-852-3690
Fax: 317-852-2766
Bilingual: No
Age groups served: Adolescents, Adults
Sliding fee: Yes
Insurance: Private, Medicaid
Program types: Outpatient
Counseling services: Substance abuse and mental health, individual, group and couples, weekend education programming
Office hours: Mon-Fri: 9am-4pm
Mental Health America of Hendricks County

Support Groups

AAA Hope Counseling
Support group is held at AAA Hope Counseling 2840 N High School Road, Suite A, Indianapolis, IN 46224
Wednesdays:
  11:00AM-12:15PM
Sessions cost $50-70, call for admittance 317-796-8838

Authentic Life Counseling
Support groups are held at Authentic Life Coaching's facility: 3125 Dandy Trail, Suite 240, Indianapolis, IN 46214
Dates and Times may vary
Sessions cost $40-90, call for admittance 317-272-5247

Caring Associates Counseling Group
Support groups are held at Caring Associates Counseling Group's facility: 23 Motif Blvd. Suite 201, Brownsburg, IN. 46112
Mondays:
  - Adult Mental Health Intensive Outpatient Group, 6:00 PM-9:00 PM
  - Adult Dual Diagnosed Drug & Alcohol IOP Group, 6:00 PM-9:00 PM
  - Teenage Mental Health Intensive Outpatient Group, 5:00 PM-9:00 PM
Tuesdays:
  - Adult Mental Health Intensive Outpatient Group, 6:00 PM-9:00 PM
  - Teenage Mental Health Intensive Outpatient Group, 5:00 PM-9:00 PM
Wednesdays:
  - Adult Mental Health Intensive Outpatient Group, 6:00 PM-9:00 PM
  - Adult Dual Diagnosed Drug & Alcohol IOP Group, 6:00 PM-9:00 PM
Thursdays:
  - Adult Dual Diagnosed Drug & Alcohol IOP Group, 6:00 PM-9:00 PM
  - Teenage Mental Health Intensive Outpatient Group, 5:00 PM-9:00 PM
Sessions cost $300+, call for admittance 317-602-1539

Connection Pointe Christian Church
Support groups are held at Connection Pointe Christian Church: 1800 N. Green St., Brownsburg, IN. 46112
Tuesdays:
  - General bereavement support group, 6:30 PM-8:30 PM
Thursdays:
  - Divorce care, 7:00 PM-9:00 PM
Call for admittance 317-852-2221
**Fairbanks Addiction Treatment Center**

Support groups are held at Fairbank's facility: 8102 Clearvista Pkwy., Indianapolis, IN. 46256

**Mondays:**
- A New Vision (Alcoholics Anonymous meeting), 12:00 PM, Room #150 (open group)
- Bob White Meeting of AA, 8:00 PM, Room #129 (open group)

**Tuesdays:**
- Pilks Anonymous, 6:00 PM, Room #139 (open group)
- Alcohols Anonymous Meeting 7:00 PM, Room #144 (open group)
- Beginners Alcohols Anonymous Meeting, 7:00 PM, Room #150 (open group)

**Wednesdays:**
- Recovery Management for Families, 6:00 PM, Room #158 (open group)
- SMART Recovery, 6:00 PM, Room #139 (open group)
- Yoga of 12 Step Recovery, 6:30 PM, Room #128 (open group)
- Women's Alcoholics Anonymous Meeting, 6:30 PM, #242 (open group)
- Adult Children of Alcoholics, 6:30, Room #129 (open group)

**Thursdays:**
- Narcotics Anonymous Meeting, 7:00 PM, Room #157 (open group)
- Parent Support Group, 7:30 PM, Room #144 (open group)

**Fridays:**
- Alcoholics Anonymous Meeting, 12:00 PM, Room #150 (open group)
- Friday Night Fun, 6:00 PM, Lobby (open group)
- Overeaters Anonymous, 7:00 PM, Room #219 (closed group)
- Codependents Anonymous, 7:00 PM, Room #219 (open group)
- Narcotics Anonymous, 8:00 PM, Room #128/158 (open group)

**Saturdays:**
- Men's Alcoholics Anonymous 12 Step Meeting, 7:30 AM, Room #128/158 (open group)
- Gambler's Anonymous, 9:00 AM, Room #139 (open group)
- Adult Children of Alcoholics, 9:00 AM, Room #150 (open group)
- Alcoholics Anonymous Literature Study Meeting, 10:30 AM, Room #128 (open group)
- New Beginnings Alcoholics Anonymous Meeting, 8:00 PM, Room #128/158 (open group)

**Sundays:**
- Alcoholics Anonymous Meeting, 9:30 AM, Room #108 (open group)
- Eating Disorders Anonymous 4:00 PM, Room #108 (closed group)
- CA Meeting, 7:00 PM, Room #128/158 (open group)

---

**Hendricks Regional Health**

Support group meetings are held at Hendricks Regional Health: 1000 E. Main St. Danville, IN. 46122

Hendricks Regional Health offers a wide variety of support groups for mental illness including Mommies Matter (Postpartum Depression Support), Bereavement Support Groups, and physical health support groups

-Dates and Times vary.

Call for admittance 317-718-4360

---

**IU Health**

Support groups are held at IU Health: 1111 N. Ronald Regan Pkwy, Avon, IN. 46123

**Thursdays:**
- General bereavement support group, 4:30 PM - 6:30 PM, Cancer Center (open group)
- General bereavement support group, 7:00 PM - 9:00 PM, Cancer Center (open group)

---

**Mental Health America of Hendricks County**

Support groups are held at our office at 75 Queensway Drive, Avon, IN. 46123

**Thursdays:**
- Peer-to-peer support group, 6:30 PM (open group)

---

**National Alliance on Mental Illness (NAMI)**

Support group meetings are held at the Avon Town Hall: 6570 E. U.S. 36, Avon, IN. 46123

Fourth Wednesday of every month:
- Mental health support group, 7:00 PM (open group)

---

**Saint Susana Church**

Support groups are held at Saint Susana Church 1210 E. Main St., Plainfield, IN. 46168

**Fridays:**
- Narcotics Anonymous, 7:30 PM (open group)
### Survivors of Suicide

**Support group meetings are held at Hendricks Regional Health:** 1000 E. Main St. Danville, IN. 46122

First and third Tuesdays of the month:

- 6:00-7:00 PM (open group)

### Witham Memorial Hospital

**Support group meetings are held at Witham Memorial Hospital:** 2605 N. Lebanon St., Lebanon, IN. 46052

Second and fourth Tuesdays of the month:

- General bereavement support group, 6:00 PM (open group)
Teen Groups

**Between the Lines**
Held at Brownsburg Public Library: 450 S Jefferson St, Brownsburg, IN 46112
Meetings held every month:
- Dates and times vary
Discuss and read books with other teens
Age group: 11-19
Pre-registration required 2 weeks before meeting
Contact the library to register: 317-852-3167

**Crossroads Youth**
Held at Crossroads Church: 7209 E. County Road 100 S.
Every Sunday:
Christian based youth group, live music, worship, games, lesson, 6:00 PM - 8:00 PM
Age group: 7th-12th grade
Contact Crossroads Church: 317-838-9100

**Get Real**
Held at The Barn: 6190 E County Road 350 N, Brownsburg
Every Monday:
Christian based youth group, games, discussions about life issues, spiritual guidance, 7:27 PM - 9:00 PM
Age group: Unknown
Contact Kendra Mallory: 317-716-5864

**Indiana Youth Group (IYG)**
Held at Indiana Youth Group: 2943 E. 46th St. Indianapolis, IN 46205
Monday-Tuesday: appointment only
Wednesday-Thursday: 3:00 PM – 9:00 PM
Friday: 3:00 PM - 11:00 PM
LGBTQ based youth group, various activities, wellness programming, LGBTQ community discussions, open and closed small groups.
Age group: 12-20
Contact IYG: 317-541-8726

**Teen Advisory Board**
Held at Danville Public Library: 101 S Indiana St, Danville, IN 46122
Second Tuesday of every month:
Discuss and help create teen library programs and book collection development, 6:00 PM – 7:30 PM
Age group: 6th-12th grade
Contact Megan Edwards to register: 317-745-2604

**Teen Leaders Club (YMCA)**
Held at the YMCA: 301 Satori Pkwy, Avon, IN 46123
Meetings and times vary:
Promotes/develops leadership among teens, service projects, fundraising, career/college exploration
Age group: Unknown
Contact YMCA: 317-273-9622
Teen Night (YMCA)

Held at the YMCA: 301 Satori Pkwy, Avon, IN 46123
Third Tuesday of every month:
Dodgeball, basketball, pool, board games, music and more. 7:00 PM – 10:00 PM
General admission: $5.00, Free for members and students who show their school ID
Age group: 11-19 (students under 18 must have a parent/guardian fill out a release form with the YMCA)
Contact YMCA: 317-273-9622

Teen Talk Youth Council

Held at Sheltering Wings: 1251 Sycamore Ln, Danville, IN 46122
Second Tuesday of every month:
Promoting awareness within the community about teen dating violence. 6:30-8:00 PM
Age group: Unknown
Contact: Melissa Echerd 317-386-5061