

Mental Health America of Hendricks County

Abundant Life Counseling

Address: 180 N. S. Avon Ave., Avon, IN. 46123
Phone: 317-272-1444
Fax: 317-272-1458
Bilingual: No
Sliding fee: No
Insurance: Private
Age groups served: Adults, teenagers, children, families
Program types: Outpatient
Counseling services: Individual, marriage, family, depression, anxiety, addictions
Office hours: Mon-Fri: 1pm-9pm

Advantage Counseling & Training

Address: 1005 E. Main St., Plainfield, IN. 46168
Phone: 317-839-7323
Email: angiedudley@rocketmail.com
Bilingual: No
Sliding fee: Yes
Insurance: None
Age groups served: Adults
Program types: Intensive outpatient, outpatient
Counseling services: Individual, substance abuse, anger management, domestic violence, relapse prevention, alcohol and drug
Office hours: Mon-Fri: 8am – 8pm

Avon Christian Counseling Center

<http://avonchristiancounselingcenter.com>

Address: 79 N. CR. 625 E., Avon, IN. 46123
Phone: 317-272-6999
Bilingual: No
Sliding fee: Yes
Insurance: Private
Age groups served: Adults, children, teenagers, families
Program types: Outpatient
Counseling services: Individual, children, marriage, family, domestic violence, trauma, depression, anxiety, alcohol and drug.
Office hours: Mon – Fri: 8am – 6pm (some late evenings)

Brandenburg, Margarete (LLC, M.Div., MA, LMHC, D.CEP, Adv.-EFT, MT-BC)

<http://mbrandenburg.com>

Indianapolis address: 1125 Spruce St., Indianapolis, IN. 46203
Zionsville address: Solus Center at 260 S. 1st St., Suite 2, Zionsville, IN. 46077
Phone: 317-347-1001
Fax: 317-347-1006
Email: margarete1@sbcglobal.net
Bilingual: No
Sliding fee: No
Insurance: Anthem, United Healthcare, some other major insurance providers
Age groups served: Adults
Program types: Outpatient
Counseling services: Individual, couples, premarital, emotional freedom technique, NeuroLinguistic Programming, PSYCH-K, Z-Point, The Work, holographic trauma release, matrix energetics, reiki, yuen energy method, garcia energetics, somaenergetics, pastoral counseling, transpersonal psychotherapy, consciousness-shifting technology, spiritual coaching
Office hours: Indianapolis office: Mon: 12pm-6pm
Zionsville office: Wed: 12pm-6pm

Brownsburg Guidance & Counseling Center (LCSW, LMFT)

<http://brownsburgcounseling.com>

Address: 39 Motif Blvd., Brownsburg, IN. 46112
Phone: 317-852-6603
Email: mail@brownsburgcounseling.com

Mental Health America of Hendricks County

Bilingual: No

Sliding Fee: Yes

Insurance: Private

Age groups served: Adults, teenagers, children (6 and older)

Program types: Outpatient

Counseling services: Individual, couples, marriage, family, anxiety, depression, relationship issues, personal growth, stress management, job performance, school performance, grief and loss, low self-esteem, post-traumatic stress, anger management, behavioral issues.

Office hours: Mon-Thurs: 8am – 8pm

Burks, Diane A.

<http://www.dianeburks.com>

Address: 1350 Terry Dr., Plainfield, IN. 46168

Phone: 317-294-7691

Fax: 317-838-7024

Email: diane@dianeburks.com

Bilingual: No

Sliding fee: No

Insurance: Private

Age groups served: Children, teenagers, families

Program types: Outpatient

Counseling services: Individual, family, group, equine-assisted families, education, special needs, adoptive families

Office hours: Mon-Thur: 1pm-6pm

Care To Change Counseling

<http://www.caretochange.org>

Address: 10080 E. Us. Hwy 36. Suite A. Avon, Indiana. 46123

Phone: 317-790-9396

Bilingual: No.

Sliding Fee: None

Insurance: None

Age Groups: Adults, teenagers, children, families.

Program types: outpatient

Counseling Services: Individual, marriage, couples, family, therapy, nutritional, financial, trauma, abuse, grief and loss.

Office Hours: Not Available

Caring Associates Counseling Group, Inc.

Brownsburg Address: 23 Motif Blvd., Ste 203, Brownsburg, IN. 46112

Lebanon Address: Arc of Greater Boone County, 900 W. Main St. Lebanon, IN. 46052

Brownsburg Phone: 317-286-7034

Lebanon Phone: 317-520-5017

Bilingual: No.

Sliding fee: No.

Insurance: Private, Medicaid

Age groups served: Adults, teenagers (13 and older)

Program types: Outpatient, intensive outpatient

Counseling services: Individual, anxiety, bipolar disorder, major depression, substance abuse, group, spirituality awareness, relapse prevention, psycho education, after care services, anger management, coping skills, addictions

Office hours: Mon-Fri: 9am-6pm

CCS Counseling & Psychiatric Associates (LMHC)

<http://www.cscounseling.net>

Address: 515 N. Green St., Suite. 301, Brownsburg, IN. 46112

Phone: 317-852-2300

Bilingual: No

Sliding fee: No (if someone doesn't have insurance there might be a 50% reduction fee for hardship cases)

Insurance: Private

Age groups served: Adults, children, teenagers, families

Program types: Outpatient

Counseling services: Individual, parenting, employee assistance, medication assessment referral, substance abuse, depression, stress management, anxiety, behavioral issues, ADHD, Bipolar disorders, women's issues, postpartum mood disorders, life transitions, relationship issues

Office hours: Mon – Fri: 11am – 7pm

Mental Health America of Hendricks County

Cummins Behavioral Health Systems

<http://www.cumminsbhs.org>

Corporate office address: 5101 E. U.S. 36, Suite 101, Avon, IN. 46123 (Locations in Avon, Crawfordsville, Greencastle, Indianapolis, and Lebanon)

Corporate Phone: (317) 745-9568 Fax: (317) 745-9569

Avon address: 6655 E. U.S. 36, Avon, IN. 46123 Phone: (317) 272-3330 Emergency: (800) 860-3330

Indianapolis address: 5638 Professional Circle, Indianapolis, IN. 46241 Phone: (317) 247-8900 Fax (317) 247-8935 24-hour Emergency: (888) 244-6083

Hearing Impaired: (800) 743-3333

Bilingual: Yes

Sliding fee: Yes

Insurance: Private, Medicare, Medicaid

Age groups served: Adults, children, teenagers

Program types: Outpatient, intensive outpatient, day programs

Counseling services:

Adult Services: Assessment and evaluation, community-based services, consultation and education, substance abuse, psychiatric services, care coordination

Child Services: Assessment and evaluation, community-based services, consultation and education, psychiatric services, outpatient services, case management, afterschool program

Teen services: Assessment and evaluation, community-based services, consultation and education, psychiatric services, outpatient services, case management, afterschool program

Addiction services: Detoxification, relapse prevention, individual treatment, addiction education, assessment & evaluation

Community reintegration services (Programs for individuals with serious mental illness): Day programs, care coordination, assertive community treatment (ACT), employee assistance

Office Hours: Mon – Fri: 8am – 7pm

DuBina, Monica M. (LCSW)

<http://www.lovethesandlady.com>

Address: 2680 E. Main St., Suite 125, Plainfield, IN. 46168

Phone: 317-245-8958

Email: monica.dubina@gmail.com

Bilingual: No

Sliding fee: No

Insurance: Private

Age groups served: Adults, children, teenagers, elderly, families

Program types: Outpatient

Counseling services: Individual, children, teenagers, families, Jungian Sand-Play Therapy, ADHD, alcohol and drugs, relapse prevention, coping skills, developmental disorders, domestic violence, family conflict, medication management, parenting, self-esteem, sexual abuse, spirituality, suicidal ideation, traumatic brain injury, academic underachievement, adoption, anger management, chronic impulsivity, codependency, depression, divorce, grief, obsessive compulsive disorder, peer relationships, self-harming, sleep irregularities, substance abuse, grief and loss, Trauma, Post Traumatic Stress Disorder, mood disorders, addictions

Office hours: Mon-Fri: 10am-7pm

Eagle Creek Counseling

<http://www.eaglecreekcounseling.com>

Address: 3935 Eagle Creek Pkwy, Suite C, Indianapolis, IN. 46254

Phone: 317-293-5563

Fax: 317-293-7478

Email: eaglecreekcounsel@sbcglobal.net

Bilingual: No

Sliding fee: No

Insurance: Private, Anthem, IU health, Sagamore

Age groups served: Adults, children, teenagers, and families

Program types: Outpatient

Counseling services: Individual, children, premarital, marriage, couple, relationship issues, depression, anxiety, grief and loss, sexual addiction, domestic violence, trauma, obsessive compulsive disorder, life transitions, medication management

Office hours: Mon-Fri: 9am-5pm, Sat: 9am-1pm. Evening appointments available.

Embracing Hope Center (IU Health)

Address: 950 N. Meridian St., Indianapolis, IN. 46204

Phone: 317-962-1852

Fax: 317-962-5229

Bilingual: Yes

Sliding fee: No

Mental Health America of Hendricks County

Insurance: Private, Medicare, Medicaid (also possible to make other arrangements if insurance is an issue)

Age groups served: Adults, elderly

Program types: Outpatient, inpatient

Counseling services: Grief and loss, aromatherapy, biofeedback, craniosacral therapy, emotional freedom techniques, healing touch, manual lymphatic drainage, music thanatology, vibro-acoustic therapy, hospice care

Office hours: Mon-Fri: 8am-4pm. Phone lines answered 24/7.

Fairbanks Addiction Treatment Center

<https://www.fairbanksd.org>

Indianapolis address: 8102 Clearvista Pkwy., Indianapolis, IN. 46256

Plainfield address: 6100 Clarks Creek Rd., Plainfield, IN. 46168

Phone: 317-849-8222; Fairbanks Access Center: 317-572-9396 (Available 24/7)

Fax: 317-849-1455

Bilingual: yes

Sliding fee: No. (Charity care and self-payment plans are available)

Insurance: Private, Medicaid

Age groups served: Adults, children, teenagers, families

Program types: Inpatient, outpatient

Counseling services:

Adult programs: Detoxification, rehabilitation, supportive living, addiction education, La Verna Lodge residential treatment program, recovery management opportunities

Adolescent programs: Detoxification, rehabilitation, Hope Academy high school, recovery management opportunities

Family: Educational support, support group

Office hours: Mon – Fri: 9am – 7:30pm Sat – Sun: 8:30am – 3:30pm / 24 hours for inpatient

Fall Creek Counseling Online

<http://www.fallcreekcounseling.com>

Address: 5610 Crawfordsville Rd., Suite 2401, Indianapolis, IN. 46224

Phone: (317) 291-6360

Fax: (317) 291-6562

Email: info@fallcreekcounseling.com

Bilingual: Yes (some classes are held in Spanish)

Sliding fee: Clients can choose to do their own

Insurance: None

Age groups served: Adults, children, teenagers, families

Program types: Outpatient, intensive outpatient

Counseling services: Domestic violence, parenting, addiction education, PRIME for life, assessment and evaluation, relapse group

Office hours: Mon, Tue, & Thurs 9am-7pm, Wed. 1pm-7pm

Families First

<http://www.familiesfirstindiana.org>

Main address: 615 N. Alabama St., Suite 300, Indianapolis, IN. 46202

Phone: 317-634-6341

Bilingual: No

Sliding fee: Yes

Insurance: Private, Medicaid

Age groups served: Adults, teenagers, families

Program types: Outpatient

Counseling services: Individual, marriage, couples, family, relationship issues, domestic violence, substance abuse, parental, home-based services for older adults, Employee Assistance Program, financial literacy, money management and loans, VISTAS-Caregivers

Office hours: Mon-Thur: 10am-6pm

Family Counseling Associates

<http://www.fcahelp.com>

Nb Castleton address: 7526 E. 82nd St., Suite 150, Indianapolis, IN 46256

Zionsville address: Eagle Alliance Church, 5801 S. Main St. Whitestown, IN. 46075

Greenwood address: 435 E. Main St., Suite 270, Greenwood, IN. 46143

Phone: 317-585-1060

Fax: 317-585-9811

Bilingual: Yes

Sliding fee: No

Insurance: Private

Age groups served: Adults, children, teenagers, families

Mental Health America of Hendricks County

Program types: Outpatient

Counseling services: Individual, marriage, depression, anxiety, bipolar disorder, substance abuse, eating disorders, spiritual issues, relationship issues, anger management, sleep irregularities, post-traumatic stress disorder, pornography, life transitions, crisis management, psychiatric assistance, behavioral issues, academic tutoring, ADD, ADHD, alcohol and drug, pre-marital, parenting, blended families, grief and loss, adoption, career

Office hours: Mon-Friday: 7am-7pm, Saturdays by appointment

Farman, Tanya C. (Ph.D., HSPP)

<http://www.dranyafarman.com>

Address: Office Suites West 2680 E. Main St., Suite 205, Plainfield, IN. 46168

Phone: 317-402-9477

Email: Tanya.Farman@alum.northwestern.edu

Bilingual: No

Sliding fee: Yes

Insurance: None.

Age groups served: Adults, families

Program types: Outpatient

Counseling services: Individual, family, group, psychological testing, divorce, domestic violence, peer relationships, relationship issues, grief and loss, post-traumatic stress disorder, survivors of abuse, depression, anger management, anxiety, self-esteem, body image concerns, women's issues, men's issues, cultural/ethnic issues, gay/lesbian issues

Office hours: Not available

Hamilton Center Incorporated

<http://www.hamiltoncenter.org>

Corporate office address: 620 Eighth Ave., Terre Haute, IN. 47804

Plainfield office address: 900 Southfield Dr., Plainfield, IN. 46168, Phone: 317-837-9719, Fax: 317-837-9726

Email: PublicRelations@hamiltoncenter.org

Bilingual: Yes.

Sliding Fee: No

Insurance: Medicare, Medicaid

Age groups served: Adults, children, teenagers, families

Program types: Outpatient, inpatient

Counseling services: individual, family, children, pregnant women, infants, drug and alcohol, group, couples, assessment & evaluation, stress, life transitions, relationship issues, depression, anxiety, anger management, coping with chronic illness, parenting, domestic violence, sexual abuse, adjustment to school work, crisis management, psychological testing, eating disorders, attention deficit disorder, behavioral issues, home-based case management, school-based counseling, addictions

Office hours: Mon-Thur: 8am- 7pm, Fri: 8am-5pm

Hendricks Therapy

<http://www.hendrickstherapy.com>

Danville address: 202 Myers Rd. Danville, IN. 46122

Plainfield address: 1100 Southfield Dr., Suite 1205, Plainfield, IN. 46168

Phone: 317.718.8436

Fax: 317.718.8438

Email: staff@hendrickstherapy.com

Bilingual: No

Sliding fee: No. Self-pay rate is offered instead.

Insurance: Private, Medicare

Age groups served: Adults, children, teenagers, families

Program types: Outpatient

Counseling services: Individual, marriage, couples, family, depression, anxiety, bipolar disorder, conflicts, life transitions, divorce, grief & loss, domestic violence, sexual abuse, attention-deficit disorder, phobias, developmental disorders, eating disorders, medication management, panic disorder, post-traumatic stress disorder, personality disorders, obsessive compulsive disorder.

Office fours: Mon-Fri: 8:00 a.m. – 5:00 p.m., though many therapists see patients after hours and on weekends.

Hicks, Laurel (LCSW, LCAC, LLC)

<http://www.laurelhickstherapy.com>

Address: 2680 E. Main St., Plainfield, IN. 46168

Phone: 317-966-8366

Fax: 317-837-4901

Email: LaurelHicksLCSW@gmail.com

Bilingual: No

Sliding fee: Yes

Insurance: Private

Age groups served: Adults, teenagers

Program types: Outpatient

Mental Health America of Hendricks County

Counseling services: individual, depression, anxiety, panic disorders, adoption, fertility, post-traumatic stress, military issues
Office hours: Mon-Fri: 9am-3pm

Indianapolis Comprehensive Treatment Center

<http://www.indianactc.com>

Address: 2626 E. 46th St., Suite J, Indianapolis, IN. 46205

Phone: 844-631-7969

Bilingual: No

Sliding fee: No

Insurance: None

Age groups served: Adults, families

Program types: Outpatient, intensive outpatient

Counseling services: Individual, group, transitions program, substance abuse, road to recovery program, seeking safety program, stages program, peer support services, family education, Thinking for a Change, Recovery 101

Office hours: Not available

Johnson, Alyssa M.

<http://www.vibrantlylive.com>

Address: 709 E. Main St., Suite B, Brownsburg, IN. 46112

Phone: 317-513-5678

Bilingual: No

Sliding fee: No

Insurance: None

Age groups served: Adult women

Program types: Outpatient

Counseling services: Individual, life transitions

Office hours: Not available

Joyner, Lelyne (LMFT)

Address: 611 N. Dan Jones Rd., Avon, IN 46123

Phone: 317-272-6208

Bilingual: No

Sliding fee: No

Insurance: Private

Age groups served: Adults

Program Types: Outpatient

Counseling services: Marriage, family

Office hours: Not available

Kids Count LLC

<http://www.kidscounttherapy.com>

Address: 1353 E. Main St., Brownsburg, IN. 46112

Phone: 317-294-5242

Email: info@kidscounttherapy.com

Bilingual: Bilingual therapists available

Sliding fee: No. Self-pay

Insurance: Private, Medicaid

Age groups served: Children (2-13)

Program types: Intensive outpatient, outpatient

Counseling services: Individual, speech, sensory needs, social skills, cognitive skills, daily living activities, behavioral issues, autism

Office hours: Mon-Fri: 8am-5pm

Life Enrichment Counseling (Connections Counseling)

<http://www.lifeenrichmentindy.com>

Address: 7378 Business Center Dr., Suite 300, Avon, IN. 46123

Phone: 317-268-8070

Email: info@lifeenrichmentindy.com

Bilingual: No.

Sliding fee: No (reduced rates are offered)

Insurance: Private

Age groups served: Adults, children, teenagers

Program types: Outpatient

Counseling Services: Individual, marriage, relationship issues, family, couples, premarital, parenting, divorce, depression, anxiety, life transitions, adjustment to chronic illness, grief and loss

Office hours: Mon-Thur: 10am-7pm

Mental Health America of Hendricks County

Life Recovery Center

<http://www.liferecoverycenterindiana.com>

Main address: 3607 W. 16th St., Suite B-3, Indianapolis, IN. 46222

Southside address: 8150 Madison Ave., Indianapolis, IN. 46227

Phone: 317-887-3290

Fax: 317-887-6894

Email: recovery@liferecoverycenter.net, eric@liferecoverycenter.info

Bilingual: No

Sliding fee: No (grant available to those who qualify for addiction treatments)

Insurance: Private

Age groups served: Adults

Program types: Outpatient, intensive outpatient

Counseling services: Individual, group, substance abuse, family, Christian counseling, alumni support, employee assistance, trauma, domestic violence, anger management, gambling, PRIME for life, parenting, education, addictions

Office hours: Mon-Fri: 8am-5pm, educational programs held on weekends

LSB & Associates

<http://www.resolvechurchconflict.com/brenda-lycan.htm>

Address: 5252 E. Main St., Avon, IN. 46123

Phone: 317-698-4463 / 1-866-893-9497

Email: bslycan@aol.com

Bilingual: No

Sliding fee: Yes

Insurance: Medicaid

Age groups served: Adults, children, and family

Program types: Outpatient

Counseling services: Individual, marriage, family, parenting, anger management, communication, eating disorders, sexual addiction

Life coaches: Megan Beutel (works primarily with children ages 5- young adult, eating disorders, parenting and parenting classes)

Ty Huber (Certified Life Coach) (working with anger issues & sexual addiction issues)

Office hours: Day, evening, and Saturday appointments.

Meaningful Day Services

<http://www.meaningfuldays.com>

Address: 225 S. School St., Brownsburg, IN. 46112

Brownsburg phone: 317-858-8630

Fax: 317-858-8715

Email: humanresources@meaningfuldays.net

Bilingual: No

Sliding fee: No. (Co-pay from insurance may be based upon sliding scale)

Insurance: Private, Medicaid

Age groups served: Adults, children

Program types: Outpatient, day services

Counseling services:

Adults: Individual, day services, behavioral issues, community habilitation, equine assisted therapy, music therapy, occupational therapy, recreational therapy, residential supports, respite, speech therapy

Children: Individual, applied behavior analysis, ABA-Based preschool program, behavioral issues, community habilitation, equine assisted therapy, music therapy, occupational therapy, recreational therapy, residential supports, respite, school breaks program, speech therapy

Office hours: Mon-Fri: 8:30am-5pm.

Methodist Hospital (IU Health)

<http://www.iuhealth.org/methodist/behavioral-health/>

Address: 1701 N. Senate Ave. Indianapolis, IN. 46202

Phone: 317-962-2622

Bilingual: Yes

Sliding fee: No

Insurance: Private, Medicare, Medicaid

Age groups served: Adults

Program types: Inpatient, outpatient, partial hospitalization

Counseling services: Individual, group, addictions, drugs and alcohol, eating disorders, bipolar disorder, anxiety, depression

Office hours: 24/7

Metro, Kimberly (MA, NCC, LMHC)

Mental Health America of Hendricks County

<http://www.metrocounselor.com>

Brownsburg address: 217 E. Main St., Suite 3, Brownsburg, IN. 46112

Zionsville address: 260 S. 1st St., Suite 2, Zionsville, IN. 46077

Phone: 317-732-8761

Bilingual: No

Sliding fee: No

Insurance: Private

Age groups served: Adults, children

Program types: Outpatient

Counseling services: Individual, stress, anxiety, depression, relationship issues

Office hours: Brownsburg: Mon-Tue: 9am-8pm, Zionsville: Fri: 9am-6pm

Mossman, Katie (MSW, LCSW)

<http://www.counselorkatie.com>

Address: 1122 N. Lebanon St., Lebanon, IN. 46052

Phone: 765-894-2620

Bilingual: No

Sliding fee: No

Insurance: None

Age groups served: Adults, elderly

Program types: Outpatient

Counseling services: Individual, depression, anxiety, anger management, substance abuse, bipolar disorder, women's issues, aging, life transitions

Office hours: Not available

Nolan Counseling & Consulting Services (BCPC)

<http://www.nolancounseling.com>

Address: 2152 N. C.R. 800 E., Avon, IN. 46125

Phone: 765-676-5310

E-mail: john@nolancounseling.com

Bilingual: No.

Sliding fee: Yes

Insurance: None

Age groups served: Adults, teenagers

Program types: Outpatient

Counseling Services: Individual, couples, marriage, premarital, financial, depression

Office hours: No set hours; call for appointment

Northern Light Christian Counseling (Ph.D., M.Div., MSW, MA, LMFT, LCSW)

<http://www.northernlightcc.com>

Address: 4215 W. 86th St., Suite E., Indianapolis, IN. 46268

Phone: 317-471-0500

E-mail: info@northernlightcc.com

Bilingual: No

Sliding fee: No

Insurance: None

Age groups served: Adults, children, teenagers, families

Program types: Outpatient

Counseling services: Individual, families, churches, businesses, marriage, career, premarital

Office hours: Mon-Fri: 9am-9pm, Sat: 10am-2pm, Sundays by appointment

O'Mara, Michelle (PhD, LCSW, specializing in LGBTQ issues)

<http://www.michelleomara.com>

Address: 2680 E. Main St., Suite 121, Plainfield, IN. 46168

Phone: 317-517-0065

Fax: 866-540-9013

Bilingual: No

Sliding fee: No

Insurance: None

Age groups served: Adults

Program types: Outpatient

Mental Health America of Hendricks County

Counseling services: Individual, couples, imago therapy, relationship issues, chronic illness, sex therapy, gender confliction, divorce, parenting, depression, anxiety, grief and loss, life transitions,
Office hours: Not available

Providence Guidance Center

Address: 2680 E. Main St., Suite 316, Plainfield, IN. 46168

Phone: 317-839-6856, 317-409-1520 (cell)

Fax: 317-837-0874

Email: jalowry002@aol.com

Bilingual: Yes

Sliding fee: Yes (for some services)

Insurance: None

Age groups served: Adults, children (over age 5), families

Program types: Outpatient

Counseling services: Individual, children, family, court referred, divorce, grief and loss, Christian counseling, substance abuse, alcohol and drugs, eating disorders, marriage, pre-marital counseling, addictions

Office hours: Mon-Fri: 9am-5pm. Weekends and evenings by appointment.

Riley Hospital for Children (IU Health)

<http://iuhealth.org/riley/behavioral-health/>

Address: 705 N Meridian St., Indianapolis, IN. 46202

Phone: 317-944-5000

Bilingual: Yes

Sliding fee: No.

Insurance: Private, Medicare, Medicaid

Age groups served: Children, teenagers, families

Program types: Inpatient, outpatient, partial hospitalization

Counseling services: Individual, family, pharmacotherapy, social skills treatment, behavior modification, autism, Aspergers, developmental disorders, ADHD, disruptive behaviors, mood disorders, depression, obsessive-compulsive disorder, anxiety, tics, trichotillomania, dual-diagnosis

Office hours: 24/7

Roath, Keirsten J. (MSW, LCSW)

<http://www.kjroath.com>

Address: 1350 Terry Dr., Plainfield, IN. 46168

Phone: 317-750-1177

Fax: 317-838-7024

Bilingual: No

Sliding fee: No

Insurance: None

Age groups served: Adults, children, teenagers, families

Program types: Outpatient

Counseling services: Individual, couples, family, divorce, parenting, Parenting Coordination Services,

Office hours: Not available

Roger Outcalt Counseling Service (ACSW, LCSW, ICAC 1)

<http://www.rogeroutcaltcounselingservice.net>

Address: 39 Motif Blvd., Brownsburg, IN. 46112

Phone: 317-402-2881

Email: roger@rogeroutcaltcounselingservice.net

Bilingual: No

Sliding fee: Yes

Insurance: None

Age groups served: Adults, teenagers

Program types: Outpatient

Counseling services: Individual, substance abuse, family, group, assessments and evaluations, anxiety, depression, anger management, relationship conflict, pre-marital counseling, grief and loss, addictions

Office Hours: Mon: 10 am-6pm, Thurs: 10am-5pm, other times available by appointment.

Sudsberry and Colgrove Counseling Centers

<http://www.saccc.com>

Avon address: 7517 Beachwood Center, Suite 300, Avon, IN. 46123

Indianapolis address: 6745 S. Gray Rd., Suite C, Indianapolis, IN. 46237

Phone: 317-272-8138

Fax: 317-272-8165

Mental Health America of Hendricks County

Bilingual: No

Sliding fee: No

Insurance: Self pay (other options available depending on counselor)

Age groups served: Adults, children, teenagers, families

Program types: Outpatient, intensive outpatient

Counseling services: Individual, children, teenagers, families, parenting, relationship issues, grief and loss, behavioral issues, anxiety, depression, anger management, adult children of alcoholism, sexual abuse, emotional abuse, substance abuse, phobias, school maladjustment, problems related to attachment or authority, home-based services, forensics,

Office hours: Mon-Wed: 8am – 8pm, Thurs: 8am – 5pm, Fri: 8am – 12pm

Sycamore Services, Inc.

<http://www.sycamoreservices.com>

Address: 8313 E. CR. 300 S., Plainfield, IN. 46168

Phone: 317-838-7705

Fax: 317-838-7707

Bilingual: No

Sliding fee: No

Insurance: Private, Medicaid

Age groups served: Adults, children, teenagers

Program types: Outpatient, supported living

Counseling services: Individual, speech, physical therapy, nutrition services, social work, developmental therapy, family education, vision services, nursing, audiology, occupational therapy, psychological services, community integration, respite care, day programs, behavioral issues

Office hours: Mon-Fri: 8am-4:30pm

Valle Vista Health System

<http://www.vallevistahospital.com>

Address: 898 E. Main St., Greenwood, IN. 46143

Phone: 317-887-1348 / 1-800 – 447- 1348

Bilingual: Yes

Sliding fee: No

Insurance: Private, Medicaid, Medicare

Age groups served: Adults, children, teenagers

Program types: Outpatient, intensive out patient, inpatient, day programs

Counseling services: Individual, family, education, group, assessment and evaluation, substance abuse, dual diagnosis, mood disorders, depression, psychosis, disruptive disorders, anxiety, post-traumatic stress, detoxification, community support programs, medication management, discharge planning

Office hours: 24/7

Warner, Jason A. PH.D. LMFT, LMHC

Address: 459 S. Avon Ave., 267, Avon, IN. 46123

Phone: 317-838-0242

Email: Jason@drjwarner.com

Bilingual: No

Sliding fee: No

Insurance: Private

Age groups served: Adults, children, teenagers, families,

Program types: Outpatient

Counseling information: Individual, marriage, family, children, substance abuse

Office hours: Mon – Fri: 7am – 4pm

Westside Mental Health

<http://westsidementalhealth.org>

Address: 129 N. Avon Ave., Suite 300, Avon, IN. 46123

Phone: 317-268-6555

Fax: 317-268-6556

Email: jane.d@westsidementalhealth.org

Bilingual: No

Sliding Fee: No

Insurance: None

Age groups served: Adults

Program types: Outpatient

Counseling services: Individuals

Office Hours: Mon-Thur: 9am-5pm

Support Groups

AAA Hope Counseling

Support group is held at AAA Hope Counseling 2840 N High School Road, Suite A., Indianapolis, IN 46224

Wednesdays:

11:00AM-12:15PM

Sessions cost \$50-70, call for admittance 317-796-8838

Authentic Life Counseling

Support groups are held at Authentic Life Coaching's facility: 3125 Dandy Trail, Suite 240, Indianapolis, IN 46214

Dates and Times may vary

Sessions cost \$40-90, call for admittance 317-272-5247

Caring Associates Counseling Group

Support groups are held at Caring Associates Counseling Group's facility: 23 Motif Blvd. Suite 201, Brownsburg, IN. 46112

Mondays:

- Adult Mental Health Intensive Outpatient Group, 6:00 PM-9:00 PM
- Adult Dual Diagnosed Drug & Alcohol IOP Group, 6:00 PM-9:00 PM
- Teenage Mental Health Intensive Outpatient Group, 5:00 PM-9:00 PM

Tuesdays:

- Adult Mental Health Intensive Outpatient Group, 6:00 PM-9:00 PM
- Teenage Mental Health Intensive Outpatient Group, 5:00 PM-9:00 PM

Wednesdays:

- Adult Mental Health Intensive Outpatient Group, 6:00 PM-9:00 PM
- Adult Dual Diagnosed Drug & Alcohol IOP Group, 6:00 PM-9:00 PM

Thursdays:

- Adult Dual Diagnosed Drug & Alcohol IOP Group, 6:00 PM-9:00 PM
- Teenage Mental Health Intensive Outpatient Group, 5:00 PM-9:00 PM

Sessions cost \$300+, call for admittance 317-602-1539

Connection Pointe Christian Church

Support groups are held at Connection Pointe Christian Church: 1800 N. Green St., Brownsburg, IN. 46112

Tuesdays:

- General bereavement support group, 6:30 PM-8:30 PM

Thursdays:

- Divorce care, 7:00 PM-9:00 PM

Call for admittance 317-852-2221

Fairbanks Addiction Treatment Center

Support groups are held at Fairbank's facility: 8102 Clearvista Pkwy., Indianapolis, IN. 46256

Mondays:

- A New Vision (Alcoholics Anonymous meeting), 12:00 PM, Room #150 (open group)
- Bob White Meeting of AA, 8:00 PM, Room #129 (open group)

Tuesdays:

- Pills Anonymous, 6:00 PM, Room #139 (open group)
- Alcoholics Anonymous Meeting 7:00 PM, Room #144 (open group)
- Beginners Alcoholics Anonymous Meeting, 7:00 PM, Room #150 (open group)

Wednesdays:

- Recovery Management for Families, 6:00 PM, Room #158 (open group)
- SMART Recovery, 6:00 PM, Room #139 (open group)
- Yoga of 12 Step Recovery, 6:30 PM, Room #128 (open group)
- Women's Alcoholics Anonymous Meeting, 6:30 PM, #242 (open group)
- Adult Children of Alcoholics, 6:30, Room #129 (open group)

Thursdays:

- Narcotics Anonymous Meeting, 7:00 PM, Room #157 (open group)
- Parent Support Group, 7:30 PM, Room #144 (open group)

Fridays:

- Alcoholics Anonymous Meeting, 12:00 PM, Room #150 (open group)
- Friday Night Fun, 6:00 PM, Lobby (open group)
- CMA Meeting, 6:30 PM, Room # 144 (open group)
- Overeaters Anonymous, 7:00 PM, Room #219 (closed group)

Mental Health America of Hendricks County

- Codependents Anonymous, 7:00 PM, Room #219 (open group)
- Narcotics Anonymous, 8:00 PM, Room #128/158 (open group)

Saturdays:

- Men's Alcoholics Anonymous 12 Step Meeting, 7:30 AM, Room #128/158 (open group)
- Gambler's Anonymous, 9:00 AM, Room #139 (open group)
- Adult Children of Alcoholics, 9:00 AM, Room #150 (open group)
- Alcoholics Anonymous Literature Study Meeting, 10:30 AM, Room #128 (open group)
- New Beginnings Alcoholics Anonymous Meeting, 8:00 PM, Room #128/158 (open group)

Sundays:

- Alcoholics Anonymous Meeting, 9:30 AM, Room #108 (open group)
- Eating Disorders Anonymous 4:00 PM, Room #108 (closed group)
- CA Meeting, 7:00 PM, Room #128/158 (open group)

Hendricks Regional Health

Support group meetings are held at Hendricks Regional Health: 1000 E. Main St. Danville, IN. 46122

Hendricks Regional Health offers a wide variety of support groups for mental illness including Mommies Matter (Postpartum Depression Support), Bereavement Support Groups, and physical health support groups

- Dates and Times vary.

Call for admittance 317-718-4360

IU Health

Support groups are held at IU Health: 1111 N. Ronald Regan Pkwy, Avon, IN. 46123

Thursdays:

- General bereavement support group, 4:30 PM- 6:30 PM, Cancer Center (open group)
- General bereavement support group, 7:00 PM-9:00 PM, Cancer Center (open group)

Mental Health America of Hendricks County

Support groups are held at Light and Life Methodist Church: 8264 E. C.R. 100 S., Avon, IN. 46123

Thursdays:

- Peer-to-peer support group, 6:30 PM (open group)

National Alliance on Mental Illness (NAMI)

Support group meetings are held at the Avon Town Hall: 6570 E. U.S. 36, Avon, IN. 46123

Fourth Wednesday of every month:

- Mental health support group, 7:00 PM (open group)

Saint Susana Church

Support groups are held at Saint Susana Church 1210 E. Main St., Plainfield, IN. 46168

Fridays:

- Narcotics Anonymous, 7:30 PM (open group)

Survivors of Suicide

Support group meetings are held at Hendricks Regional Health: 1000 E. Main St. Danville, IN. 46122

First and third Tuesdays of the month:

- 6:00-7:00 PM (open group)

Witham Memorial Hospital

Support group meetings are held at Witham Memorial Hospital: 2605 N. Lebanon St., Lebanon, IN. 46052

Second and fourth Tuesdays of the month:

- General bereavement support group, 6:00 PM (open group)

Mental Health America of Hendricks County

Teen Groups

Between the Lines

Held at Brownsburg Public Library: 450 S Jefferson St, Brownsburg, IN 46112

Meetings held every month:

-Dates and times vary

Discuss and read books with other teens

Age group: 11-19

Pre-registration required 2 weeks before meeting

Contact the library to register: 317-852-3167

Crossroads Youth

Held at Crossroads Church: 7209 E. County Road 100 S.

Every Sunday:

Christian based youth group, live music, worship, games, lesson, 6:00 PM - 8:00 PM

Age group: 7th-12th grade

Contact Crossroads Church: 317-838-9100

Get Real

Held at The Barn: 6190 E County Road 350 N, Brownsburg

Every Monday:

Christian based youth group, games, discussions about life issues, spiritual guidance, 7:27 PM - 9:00 PM

Age group: Unknown

Contact Kendra Mallory: 317-716-5864

Indiana Youth Group (IYG)

Held at Indiana Youth Group: 2943 E. 46th St. Indianapolis, IN 46205

Monday-Tuesday: appointment only

Wednesday-Thursday: 3:00 PM – 9:00 PM

Friday: 3:00 PM - 11:00 PM

LGBTQ based youth group, various activities, wellness programming, LGBTQ community discussions, open and closed small groups.

Age group: 12-20

Contact IYG: 317-541-8726

Teen Advisory Board

Held at Danville Public Library: 101 S Indiana St, Danville, IN 46122

Second Tuesday of every month:

Discuss and help create teen library programs and book collection development, 6:00 PM – 7:30 PM

Age group: 6th-12th grade

Contact Megan Edwards to register: 317-745-2604

Teen Leaders Club (YMCA)

Held at the YMCA: 301 Satori Pkwy, Avon, IN 46123

Meetings and times vary:

Promotes/develops leadership among teens, service projects, fundraising, career/college exploration

Age group: Unknown

Contact YMCA: 317-273-9622

Mental Health America of Hendricks County

Teen Night (YMCA)

Held at the YMCA: 301 Satori Pkwy, Avon, IN 46123

Third Tuesday of every month:

Dodgeball, basketball, pool, board games, music and more. 7:00 PM – 10:00 PM

General admission: \$5.00, Free for members and students who show their school ID

Age group: 11-19 (**students under 18 must have a parent/guardian fill out a release form with the YMCA**)

Contact YMCA: 317-273-9622

Teen Talk Youth Council

Held at Sheltering Wings: 1251 Sycamore Ln, Danville, IN 46122

Second Tuesday of every month:

Promoting awareness within the community about teen dating violence. 6:30-8:00 PM

Age group: Unknown

Contact: Melissa Echerd 317-386-5061